

Preschool Lessons On Elijah I Kings 19

Preschool Lessons on Elijah I Kings 19: Exploring Faith, Fear, and God's Provision

Introducing the dramatic story of Elijah in 1 Kings 19 to preschoolers might seem daunting, but with careful planning and age-appropriate adaptation, it offers rich opportunities for spiritual development and emotional learning. This article explores creative and engaging ways to teach preschoolers about Elijah's journey, focusing on themes of faith, fear, God's presence, and provision. We will delve into **preschool Bible stories, teaching children about God's love, Elijah's faith, and God's provision in**

the Bible.

Understanding the Narrative for Preschoolers

The story of Elijah in 1 Kings 19, while complex, contains several elements easily relatable to young children. We need to simplify the narrative, focusing on key events and emotions:

- **Elijah's exhaustion and fear:** After his victory on Mount Carmel, Elijah fled from Jezebel's threat. This shows that even strong prophets feel fear and need rest. For preschoolers, we can emphasize Elijah's tiredness and how he felt scared. We can use relatable examples of feeling tired or scared after a difficult experience.
- **God's gentle care:** God provides for Elijah in the wilderness: food (bread and water), and rest. This underscores God's loving care even when we are afraid or weak. We can use comforting language to illustrate this point, emphasizing God's love and protection.
- **The gentle whisper:** God's communication with Elijah is a powerful lesson. God

doesn't speak in loud thunders but in a gentle whisper. This emphasizes that God speaks in quiet ways too; preschoolers can relate this to listening quietly for their parents' instructions or a friend's gentle words.

- **God's strength and courage:** Despite his fear, Elijah finds strength in God. This theme helps children understand that even when they are scared, God gives them the courage to face their fears.

Preschool Activities and Lesson Plans based on 1 Kings 19

Several engaging activities can bring the story of Elijah to life for preschoolers:

- **Dramatic Play:** Use simple costumes or props to act out the story. Children can take turns playing Elijah, Jezebel, or even God's voice. This allows for active participation and helps them internalize the narrative's emotions.
- **Sensory Bin:** Create a sensory bin representing the wilderness. Use sand, small

rocks, and perhaps some twigs. Hide small "bread" pieces in the bin to symbolize God's provision.

- **Storytelling with Visual Aids:** Use colorful flashcards or a simple flannel board to illustrate the key events. Keep the language simple and repetitive.
- **Craft Activities:** Children can create their own "Elijah" puppets, draw pictures depicting their favorite parts of the story, or even make a simple diorama of the wilderness scene.
- **Singing and Music:** Integrate simple songs about God's love and protection. You can create songs relating to feelings of tiredness or fear and how God comforts us.

Key Message Focus: The overriding message for preschoolers should focus on God's love, care, and provision. We can emphasize that even when we are afraid or tired, God is always with us. This is a crucial step in **teaching children about God's love** in a relatable way.

Benefits of Using 1 Kings 19 in Preschool Curriculum

Using this Bible story in a preschool setting offers various benefits:

- **Developing Spiritual Understanding:** It introduces children to fundamental biblical concepts such as faith, fear, God's presence, and provision in an age-appropriate manner. It sets the foundation for a deeper understanding of faith later in life.
- **Emotional Development:** The story helps children understand and express their own emotions, such as fear and tiredness, validating their feelings and providing a context for coping mechanisms. Children learn that it is okay to feel scared and that seeking help is a sign of strength.
- **Building Resilience:** Elijah's experience demonstrates that even strong individuals face challenges, and overcoming these challenges is possible with God's help. This inspires resilience in young children.
- **Encouraging Empathy:** Children can learn to empathize with Elijah's feelings and

recognize that others might also experience fear and exhaustion.

Addressing Potential Challenges

The narrative might contain elements that require sensitivity:

- **Jezebel's threat:** Instead of focusing on the negative aspect of Jezebel, focus on Elijah's fear and God's response.
- **The wilderness experience:** Present the wilderness as a place of solitude where Elijah can connect with God, rather than a harsh and frightening place.

It's crucial to adapt the story to the preschoolers' comprehension level, using age-appropriate language and visuals. The goal is to build a positive and reassuring understanding of God's love and faithfulness.

Conclusion

Teaching preschoolers about Elijah's story from 1 Kings 19 provides a powerful opportunity to introduce fundamental Christian concepts in a relatable and engaging way. By focusing on themes of faith, fear, God's provision, and his gentle communication, we can equip these young children with a strong foundation for spiritual growth and emotional resilience. Remember to adapt the narrative and activities to their age and understanding, emphasizing God's love and unending care. This sets the stage for deeper theological exploration in the future.

FAQ

Q1: How do I explain the concept of "God's whisper" to preschoolers?

A1: Use analogies they can understand. You can say God speaks softly, like a quiet friend whispering secrets. Relate it to quiet playtime or listening carefully to a story. Emphasize that even though it's quiet, it's still a very important way God talks to us.

Q2: How can I adapt the story to make it less frightening?

A2: Focus on God's presence and protection. Emphasize that even though Elijah was scared, God was with him and took care of him. Use comforting tones and reassuring language throughout your lesson.

Q3: What are some alternative activities for children who struggle with storytelling?

A3: For visual learners, use more pictures and flashcards. For kinesthetic learners, incorporate more movement and role-playing. For auditory learners, use songs and rhymes.

Q4: Is it appropriate to discuss Jezebel's role in the story with preschoolers?

A4: Minimize the focus on Jezebel's negative actions. You can simply mention that Elijah was scared of her and needed God's help. The emphasis should be on God's love and protection, not on the antagonist.

Q5: How can I reinforce the lessons learned from this story throughout the week?

A5: Use the story as a springboard for discussions about feelings and God's love. You can incorporate quiet time for reflection, prayer, or listening to calming music.

Q6: How do I handle questions about the wilderness from curious preschoolers?

A6: Describe the wilderness as a lonely and quiet place, far from towns and houses, where Elijah could be alone with God. Keep it simple and focus on the spiritual aspect of Elijah's experience.

Q7: How can I assess if the preschoolers understood the lesson?

A7: Observe their participation in activities and conversations. Ask simple questions like "How did God help Elijah?" or "How did Elijah feel?" Look for their understanding of God's love and protection.

Q8: Are there any relevant books or resources that can supplement the lesson?

A8: Search for children's Bible storybooks that retell the story of Elijah in 1 Kings 19 in a simple and age-appropriate manner. Many publishers offer such resources with colorful illustrations and easy-to-understand text. Look for books with a focus on God's love and care.

Preschool Lessons on Elijah I Kings 19: Nurturing Faith and Resilience in Young Hearts

Introducing young children to the captivating narrative of Elijah in 1 Kings 19 presents a unique opportunity to cultivate important ethical lessons. While the text itself contains difficult theological themes , its core message of trust in the face of adversity , and the solace found in God's grace can be adapted for particularly the youngest learners . This article explores practical ways to adapt the meaningful message of 1 Kings 19 into fun preschool lessons.

I. Understanding the Narrative:

Before jumping into lesson plans, it's vital to understand the core elements of Elijah's

experience in 1 Kings 19. Elijah, after a successful showcase of God's power on Mount Carmel, discovers himself fleeing for his life from Jezebel's anger . Tired, despondent , and thinking completely isolated , he longs for death .

This emotional low provides a potent moral for young children: even the mightiest among us undergo moments of doubt . It's acceptable to experience scared , downcast, or stressed. The narrative doesn't hide over Elijah's battle ; rather, it highlights the vulnerability of even God's selected prophet.

II. Adapting the Story for Preschoolers:

Preschoolers answer best to easy-to-understand narratives with colourful imagery and dynamic elements. Here are some methods for adapting the story of 1 Kings 19:

- **Focus on the Journey:** Instead of dwelling on the theological implications of Jezebel's threat, focus on Elijah's physical expedition. Portray his feelings of exhaustion and anxiety using suitable language. Use props like a diagram to illustrate his route .

- **Emphasize the "Quiet Time":** Elijah's time resting under the juniper tree, before the angel's arrival , offers a valuable teaching about the importance of rest and contemplation . This can be linked to preschoolers' own routines of naptime or quiet playtime.
- **Highlight the Angel's Kindness:** The angel's gestures – providing food and solace – illustrate God's love and care . This is a important message for little children. You could employ figurines to depict the scene, making it engaging .
- **The Power of God's Still, Small Voice:** The conclusion of the chapter focuses on God's dialogue with Elijah in a "still, small voice". This idea can be simplified through exercises that encourage listening .

III. Lesson Plan Examples:

Here are two sample lesson plans based on 1 Kings 19:

Lesson 1: Elijah's Long Walk:

- **Objective:** To convey the story of Elijah's flight and his feelings of exhaustion and fear .
- **Activity:** Make a map for Elijah's journey . Utilize illustrations and concise words. Let children role-play out parts of the trip .
- **Discussion:** Discuss Elijah's feelings. Assist children to comprehend that it's alright to feel these feelings.

Lesson 2: The Angel's Visit:

- **Objective:** To illustrate God's love through the angel's action of providing food and consolation.
- **Activity:** Prepare a simple snack together, associating it to the food the angel provided. This can be a shared meal .
- **Discussion:** Talk about the importance of compassion and how God shows these qualities.

IV. Practical Benefits and Implementation:

These lessons provide several advantages:

- They present the idea of faith in a relatable way.
- They aid children manage with negative emotions.
- They instruct about the importance of rest and meditation.
- They foster a feeling of God's grace .

V. Conclusion:

The narrative of Elijah in 1 Kings 19, while complex in its entirety, offers a abundance of teachings that are both relevant and important for preschoolers. By adapting the tale and utilizing imaginative educational strategies , educators can successfully impart powerful messages about faith, resilience, and God's unfailing mercy.

Frequently Asked Questions (FAQ):

1. Q: How can I make these lessons even more engaging for preschoolers?

A: Integrate rhymes, games , arts , and movement into the lessons to keep children's attention .

2. Q: Are there any worries about exposing children to such a complex story?

A: Focus on the core message of trust and God's grace . Avoid aspects that are too complex for preschoolers to grasp .

3. Q: How can I adapt these lessons for children with diverse needs ?

A: Provide a variety of exercises and contemplate kinesthetic learning preferences . Offer different methods of participation.

4. Q: How can I measure whether the children have learned from these lessons?

A: Observe the children's participation in activities . Propose simple questions to check their grasp of the key ideas . Use simple drawings or storytelling to see how they have processed the story.

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